

Housing at the University of Vermont

This material was generated through the website of the institution. The intention of gathering this data is to analyse what other schools are doing in order to recognize opportunities and areas of growth that could be incorporated into student life at Champlain.

- UVM:
- Themed Housing
 - Program: [GreenHouse](#)
 - “GreenHouse provides sustainability themed programming for more than 100 upper-level students from a wide range of majors.”
 - “Programs are designed to complement, rather than compete with, students' major coursework.”
 - One credit class- Ecological Citizenship seminars
 - Guild- voluntary learning groups with focused area of interest
 - Encouraged to live a green lifestyle by following the 4 Rs (rethink, reduce, reuse, recycle), water and energy conservation, and awareness of food and transportation decisions
- Learning Communities
 - “Learning communities are built around a common theme, faculty engagement, and easily accessible events and activities coordinated by dedicated program staff.”
 - # of learning communities: 10
 - Program: [Wellness Environment \(WE\)](#)
 - Description
 - “Students are committed to keeping their living space a healthy place by focusing on healthy bodies and healthy brains. WE students study neuroscience and receive resources and incentives to live a healthy lifestyle. All students who enter WE in the fall are required to take COMU001: Healthy Brains, Healthy Bodies (HBHB) their first semester.”
 - WE: a neuroscience-inspired, behavior change program
 - View on Wellness: fitness, nutrition, mindfulness, and relate.
 - Strengths
 - Required Class
 - Marketed as:
 - Neuroscience inspired incentivized based health promotional program

- Purpose: how actions affect our brain; answering the question of, “What is the healthy option.”
- Hall Gym
- Daily yoga program in an in house studio
- Mindfulness activities incorporated in the classroom
- WE App- an app that incentivizes wellness based activities through AppleWatch stats and daily surveys; information used to gauge success of program
- Free violin program
- Cooking classes in dining hall
- WE mentors- pairs students with kids in the Burlington area
- Community events that celebrate wellness
- Program: [Sustainability](#)
 - Description
 - “A place where students can celebrate a connection to the natural world and seek to deepen and celebrate their sense of place—the built environments that we inhabit, and the natural landscape that surrounds us.”
 - Strengths
 - Required Class
 - Community Celebration
 - First and Second Year Housing Opportunities
 - Themed Villages (up to 12 people) opportunity for Second Year Sustainability students; micro-community within the large Sus.
 - Leadership
 - Undergraduate Course Facilitator- works with faculty teaching the first year focused class
 - Learning Community Leader- community role model to foster successful educational and social environment in LC
 - Resident Advisor- builds a sense of home and a supportive community
 - Hall Council Member- not clearly explained; more information is given out after the start of the fall semester